

RED RIBBON WEEK

OCTOBER 26 - OCTOBER 30, 2026

Be Kind. Be Healthy. **Be Drug Free!**

TOGETHER WE CAN MAKE A BRIGHTER TOMORROW!

RESPECT · MAKE GOOD CHOICES · BELIEVE IN YOURSELF · STAY DRUG-FREE

MONDAY OCTOBER 26

TEAM UP AGAINST DRUGS!



Wear your favorite team jersey, team colors, or sports apparel.

CLASSROOM CONNECTION:
Discuss how athletes take care of their bodies and why staying drug-free helps people achieve their goals.

TUESDAY OCTOBER 27

CRAZY for Healthy Choices!



Wear crazy socks, crazy hair, or mismatched clothing.

ACTIVITY:
Classes create a **"We're Crazy About Healthy Choices!"** poster listing healthy habits such as getting enough sleep, exercising, eating nutritious foods, being kind to others, and staying drug-free.

WEDNESDAY OCTOBER 28

WEAR RED DAY



Wear **RED** to show your support for Red Ribbon Week!

ACTIVITY:
Students complete the Red Ribbon Week Youth Pledge and identify one healthy choice they will make to stay drug-free.

THURSDAY OCTOBER 29

PUT A CAP ON DRUGS!



Wear a fun or favorite hat.

ACTIVITY:
Students identify one healthy choice they can make every day to help them stay focused, successful, and drug-free.

FRIDAY OCTOBER 30

WEAR YOUR HOUSE COLORS!



Show your HOUSE spirit by wearing your House color!

CELEBRATION:
Celebrate positive choices, leadership, teamwork, and school pride as we wrap up Red Ribbon Week!



WOODBRIDGE ELEMENTARY

Together We Rise Like a Phoenix!



OUR Choices Make a Brighter Tomorrow!